



City of Nashua,  
Division of Public Works  
Mayor Donnalee Lozeau

## 2015 TENNIS CAMP

JUNE 22<sup>ND</sup> – JUNE 26<sup>TH</sup>  
JULY 13<sup>TH</sup> – JULY 17<sup>TH</sup>  
AUGUST 3<sup>RD</sup> – AUGUST 7<sup>TH</sup>

AGES 8 - 18  
\$125/RESIDENT  
\$160/NON-RESIDENT

SARGENT AVENUE  
TENNIS COURTS



## WHERE TO OBTAIN PARKS & REC. INFORMATION



### Nashua Park and Recreation

Information about Parks & Recreation events and clinics being held throughout the summer will be available at the following locations:

- Jeannotte's Market
- Bright Spot
- City Clerk's Office
- Nashua Public Library
- Public Schools
- Private Schools
- The Parks & Recreation Department

The Parks and Recreation Department can also be reached via the City of Nashua's website at [www.gonashua.com](http://www.gonashua.com).

Questions or concerns can be directed to:

**Tom Dwane, Program Manager**  
[dwanet@nasuanh.gov](mailto:dwanet@nasuanh.gov)

**Kellie Oberholtzer, Program Coordinator**  
[oberholtzerk@nashuanh.gov](mailto:oberholtzerk@nashuanh.gov)

### **Nondiscrimination Policy**

*The City of Nashua does not discriminate against any individual or group with respect to religion, color, national origin, sex, or handicap for the use of its parks and recreation facilities or any other programs.*

### 2015 NASHUA SUMMER TENNIS CAMP REGISTRATION FORM

Child's Name \_\_\_\_\_ D.O.B. \_\_\_\_\_ Age \_\_\_\_\_ (At Camp Date)

Address \_\_\_\_\_ Home # \_\_\_\_\_ Cell # \_\_\_\_\_

Medical Problems \_\_\_\_\_ Email Address \_\_\_\_\_ Session (s) \_\_\_\_\_

**TUITION NOT REFUNDABLE AFTER ONE WEEK PRIOR TO START OF CAMP** Cost for Camp: \$125 RESIDENTS \$160 NON-RESIDENTS

☐ (must check box) I have read, agree to and completely understand the Release and Waiver of Liability online at [www.gonashua.com](http://www.gonashua.com).  
I understand that the City of Nashua and those associated with the camp program will be absolved of all injuries or accidents incurred in this program. In the event of injury or accident, the staff has my permission to provide necessary medical care.

Parent/Guardian \_\_\_\_\_ / \_\_\_\_\_ Date: \_\_\_\_\_  
(Sign Here) (Print Here)

Mail Check and Application to: Parks-Recreation Department, 100 Concord Street, Nashua, NH 03064-1729.

**Make Checks Payable to: City of Nashua**

## WHAT TO BRING

- ◆ Racket
- ◆ Athletic gear
- ◆ Water
- ◆ Sneakers
- ◆ Lunch
- ◆ Medical needs
- ◆ Snacks

## RECOMMENDED TO BRING

- ◆ Sun screen
- ◆ Sun glasses
- ◆ Hat
- ◆ Bug spray

## OTHER CAMPS/ CLINICS

- ◆ Boys & Girls Basketball Camps
- ◆ Boys Girls Basketball Clinic
- ◆ Night Lacrosse Clinic
- ◆ Girls & Boys Lacrosse Camp
- ◆ Cheerleading Camp
- ◆ Volleyball Camps
- ◆ Track and Field Camp
- ◆ Baseball Camp
- ◆ Soccer Camp
- ◆ Tot Soccer Camp
- ◆ Adult Tennis Lessons
- ◆ Field Hockey Camp
- ◆ Football Camp
- ◆ Ice Hockey Camp
- ◆ Photography Camps
- ◆ Mad Science Camps

## CAMP DIRECTOR

### SCOTT MCDOUGALD

- ◆ Certified PTR instructor
- ◆ Tot tennis instructor
- ◆ Youth instructor
- ◆ Adult tennis instructor
- ◆ Over 30 years of tennis experience, both playing and teaching the game



## CAMP OBJECTIVES

- ◆ The five parts of learning tennis
- ◆ Strokes: forehand, backhand, volleys & serves
- ◆ How to return a serve
- ◆ Overhand smashing and its benefit
- ◆ Grips
- ◆ Scoring
- ◆ Doubles strategies
- ◆ Footwork
- ◆ Hitting the ball off of a serving machine
- ◆ Speed of serves (including an individual speed test)
- ◆ Sportsmanship
- ◆ The rules of tennis
- ◆ And most importantly...fun, fun, fun!

## FOR YOUR INFORMATION

### Advanced/High School Tennis Camp

For students who are on or want to make a high school tennis team. This camp will include ball machine drills, 8 game pro set matches and a chance to play against peers with similar skills and abilities.

## PLEASE CHECK ALL THAT APPLY

Please Check all that apply  
\$125/Residents  
\$160/Non Residents

- ☐ Tennis Camp I Ages 8 -16  
June 22 - June 26  
M-TH 9:00 AM - 2:00 PM  
Fri 9:00am-3:00pm  
Sargent Ave Tennis Courts
- ☐ Tennis Camp II Ages 8 -16  
July 13 - July 17  
M-TH 9:00 AM - 2:00 PM  
Fri 9:00am-3:00pm  
Sargent Ave Tennis Courts
- ☐ Advanced/High School Tennis Camp III  
July 13- July 17 Ages 10-18  
4:00 PM - 7:00 PM  
Sargent Ave Tennis Courts
- ☐ Tennis Camp IV Ages 8 -16  
August 3 - August 7  
M-TH 9:00 AM - 2:00 PM  
Fri 9:00am-3:00pm  
Sargent Ave Tennis Courts

